

## **TUE (Therapeutic Use Exemptions) Process** **For the 18<sup>th</sup> Asian Games 2018**

### **1. What is TUE?**

An athlete may have an illness or condition that requires a particular medication. If this medication appears on the Prohibited List (\*1), the athlete may be granted a Therapeutic Use Exemption (TUE) which gives the athlete permission to take it.

\*1: Prohibited List: The 2018 Prohibited List valid as of January 1, 2018 is as per attached. [File](#)

Since the Prohibited List is reviewed every year, please click the following WADA's web-site for the latest Prohibited List.

[https://www.wada-ama.org/sites/default/files/prohibited\\_list\\_2018\\_en.pdf](https://www.wada-ama.org/sites/default/files/prohibited_list_2018_en.pdf)

(WADA: World Anti-Doping Agency)

### **2. How is the TUE process made?**

For the application of TUE, the athlete is requested to receive a TUE form from his/her NOC (National Olympic Committee) or NADA (National Anti-Doping Agency).

The athlete's physician fills out the TUE form and the athlete sends it back to his/her NOC or NADA.

Please check with NOC/NADA by which date the application (the filled TUE form) must be sent. (Generally around 1.5 month before the Asian Games (i.e., around the middle of July, 2018))

Once the TUE is requested, the panel of experts selected by OCA (Olympic Council of Asia) reviews the athlete's request and will grant the TUE if

- The athlete's health will be significantly impaired if the athlete does not take the substance.
- The substance does not enhance the athlete's performance beyond what brings the athlete back to normal health
- There are no alternative treatments available.

Please keep contact with the athlete's OCA/NADA through the athlete's national soft tennis federation/association if the athlete can take the requested medication or not. In the case of a denied request, the athlete will be informed of the reasons.

The athlete has the right to appeal to the decision.